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सृजनात्मक मासिक पत्रिका

# विजय बड्स

संरक्षक : श्री माधव प्रसाद पौडेल  
सल्लाहकार : श्री विश्वप्रकाश न्यौपाने  
: श्री रेखा श्रेष्ठ  
प्रधान सम्पादक : श्री रेखा लम्साल  
सम्पादक : श्री सन्ध्या महतो  
उप-सम्पादकहरु : श्री पवन सुवेदी, श्री कल्पना भण्डारी  
सम्पर्क फोन : ०७८-५०२९४०,५०९२६०,५०९९९४

वर्ष: ८

अङ्क: ८

पूर्णाङ्क: ७५

फाल्गुण २०७३

## Eiditorial

*Vijaya Samudayik Shiksha Sadan , by the time , coming to the end of academic session 2073, it's been able to prove to be one of the quality school in the community . It's academic and extracurricular activities preformed throughout the year and achievements are like to open book for all. Recently the school reviewed its experience of this session and come to the conclusion that the school has gone several steps ahead and it is in the front line regarding quality, facilities and infrastructures. The teacher – team's tour to valley school has been fruitful to gain knowledge and ideas. There we could find more similarities and a few differences regarding the system of school. Any way our team has returned with new inspiration and enthusiasm to bring positive change as much as it requires in the school. we believe that nothing is impossible if we wish. School's business plan at Sauraha , teachers' handwriting training and the parenting programs on 28<sup>th</sup> of Falgun are some of the important events in this regard. At last , I wish best of luck and labour of the students from the final exam they are giving form 3<sup>rd</sup> & 13<sup>th</sup> and 14 of Chairtra. Thanks.*

## Message from the Principal

“Time and Tide wait for none”, so does VSSS. It's been running towards its destination, to the summit of success and perfection. Academically, its going ahead in its own rythem. The rythem of learning the rythem of reading and writing knowing everything by heart and believing in practice and labor are the vision of the school. I suppose, students are doing much from this practical way of teaching.

The school focuses on the holistic development of the children. In this regard, it has accomplished several activities of talents' exposures. Students got chance to show their talents in the fields of their interest in different events of sports and in the parents day and school programs throughout the years. The school anniversary cum parents day 2073 has just been celebrated . Students enjoyed it more as this was almost fully child -centered. They have become more jubilant and encouraged to do better in the coming days and the school is trying to offer the students the most beautiful plateform to inculcate their talents and careers.

Another remarkable task that the school accomplished is the workshop held in a hotel in Sauraha for the strategic plan of the school. The school executive committee, with management and a few expertise, has prepared a strategic plan for the future of VSSS. We can hope, this event might be a milestone for school's progress. Coming to the end of the month of Falugn every thing is supposed to be going well. The students are preparing for the final exam to be held in Chairtra. This year 74 students are appearing in the SEE, the final exam of class 10. It's the high time to wish all of them best of luck and labour. Before starting the new session 2074, we are going to organize a parenting program on 28<sup>th</sup> of falgun. Hope all the parents will keep on boosting us up for more output and quality education.

Thanks

# विजय बड्स

## SCHOOL LIFE

Most irritating moments  
'Morning Alarm'  
Most Difficult Task  
'To find socks'  
Most Dreadful Journey  
'Way to Class'  
Most Tragic Moments  
'Surprise test in 1<sup>st</sup> period'  
Most wonderful News  
'Teacher is absent'

✍️ Monika Adhikary  
Class:9B

## I Wish

I wish I had a Princes  
I wish had a empress of the earth  
In the dream time,  
But in the morning I didn't feel  
And. I come outside magic wand to make  
all my wish true.

✍️ Ritishma Shrestha  
Class:4A

## My favourite subject Maths

Maths is such a subject  
Which requires a lot of mind.  
It deals in calculation of budget  
so you need to be kind.  
So boring is this subject for some  
But its very essential in life  
Without it we are nothing in life  
As it may be useful but not very kind

✍️ Sandhya Subedi  
Class: 8B

## Thoughts

-Education is the light of Life.  
-A person who never made a mistake  
never tried anything.  
-Pleasure in the job puts perfection in the  
work.

✍️ Keshav Kandel  
Class: 7B

## THE BEST FRIEND "BOOK"

Book is my best friend  
to it I always respect  
I keep it always safe  
so, it can look perfect.

I write my name and class  
And keep it on my table  
Then I take some of my books  
And start to read a table.

Book is my best friend  
To it I share everything  
It is like my own family  
To it, I am always linked

I always thank my book  
It has lifted me up step by step  
It has also made me skillful  
By giving me knowledge in depth.

I keep my book away from the dust  
I read the book from by heart  
And from my heart I start to say  
Rise me up like a flying bird

✍️ Keshavi Kafle  
Class: 6"A"

## Family love

Ask Mummy Ask Daddy  
When I ask daddy  
Daddy says ask mummy  
When I ask mummy  
Mummy says ask daddy  
I don't know where to go  
Better ask my teddy  
He never says no!

✍️ Sandhya subedi,  
Dipika Chalise, Nirmala  
Kandel  
8B

## Family love

We are hungry mother  
Give us some good food  
We want to read father  
Only books that are good

Here our little babies  
Eat and go to play  
Here our little babies  
Read these books to day  
I want to play bruther  
With you for some time  
I want to hear you sister  
Sing the nursery rhyme

✍️ Jyoti Rijal  
Class: 3B

# विजय बड्स

## मैले बनाएको चित्र



Art by : Basanta Kandel  
Class 3 "B"

## यसो गरे कसो होला

असल अभिभावकले ध्यान दिनुपर्ने कुरा:

- बच्चालाई स्कूल पठाउनु अघि उसलाई चाहिने कापी, कलम, ड्रेस आदी व्यवस्थित छ छैन हेर्ने।
- बेला बेलामा स्कूल गएर आफ्ना बच्चाको प्रगतिबारे बुझ्ने।
- विद्यार्थीको अगाडि शिक्षकसँग भनाभन नगर्ने।
- बच्चालाई आफूले सक्ने जति घरमै पनि सम्झाइबुझाई गर्ने।
- शिक्षक शिक्षिकालाई बेलाबेलामा धन्यवाद दिने।
- पैसा तिरेपछि सबै कुरा हुन्छ भन्ने नठान्ने।
- कक्षामा चियोचर्चा वा छड्के जाँच गरेजस्तो नगर्ने।
- आफ्ना बालबालिकहरूलाई एक अर्को सँग वा अन्य व्यक्तिसँग तुलना नगर्ने।
- छोरा छोरी बीच भेदभाव नगर्ने।
- छोरा छोरीको अगाडी धुम्रपान मद्यपान नगर्ने।
- बच्चाहरूको अगाडी भगडा नगर्ने।
- बच्चाहरूको अगाडी शिक्षक र स्कूलको बारेमा नकारात्मक टिप्पणी नगर्ने।
- आफूलाई चित नबुझेको कुरा स्कूलमै आएर प्राचार्य वा को-अर्डिनेटरसँग राख्ने।
- बालबालिकालाई कुटपिट नगर्ने र तुच्च गालि गलोच नगर्ने।
- खाली 'पढ' मात्र नभन्ने, बालबालिकाले सक्ने घरायसी कामहरू सिकाउने।
- पढ्न वा काम गर्नकालागि कुनै जिन्सी सामानको प्रलोभन नदेखाउने।
- अभिभावक भेला अथवा स्कूलले बोलाएको बेला अनिवार्य स्कूलमा उपस्थित हुने।

सन्ध्या महतो  
शिक्षक

### सायरी

माछा माने मन छ भने  
खोला सुक्न देऊ  
प्रेम गर्ने मन छ भने  
उमेर पुग्न देऊ।

आँसु तिमी नबगाऊ  
अनुहारको मोती हो  
विद्या तिमी नगुमाऊ  
भविष्यको ज्योति हो।

कसरी भयो तिम्रो र मेरो भेट  
कसरी भयो मिलन  
मिलन भएको विछोड हुँदा  
कस्तो होला जीवन ?

सन्ध्या पौडेल

कक्षा : ३ ख

### बाटुली

हेर, बाटुली बाहिर निस्कन,  
बाटो तेर्सो, बिस्तारै हिँडिन  
बाटो सोभो, लामो थियो  
बाटो छेऊ वर थियो।  
सानो बाटो अर्को गयो  
खेल्दै घुम्दै बाङ्गो टिङ्गो  
घरको छाना पराले हेर,  
अहो! तिनकुने त्रिभुज हेर  
बाटुलीले फेरी भनिन्।

प्रस्तुती ज्वाली

कक्षा : ३ ख

### कस्तो राम्रो बानी

खाने, खेल्ने, पढ्ने लेख्ने  
सुत्ने उठ्ने  
सबै काम ठीक-ठीक  
समयमा गर्ने।

दाँत माभी मुख धुने  
हात धोई खना खाने,  
कोरी बाटि राम्रो हुने  
नङ पनि काट्ने  
खाने कुरा बाँडी चूडि  
मिली जुली खाने।

रचना मिश्र

कक्षा: ३ ख

### मेरो प्यारो स्कूल

स्कूलको माया मलाई  
अति धेरै लाग्छ  
स्कूल जाने भनेपछि  
अल्छी पनि भाग्छ।।

रमाइला कार्यक्रम  
हुन्छन् मेरो स्कूलमा  
साह्रै माया गर्ने मेरा  
गुरु गुरुआमा।।

सबै साथी संगी  
मिलनसार बनेर  
पाइन्छ नि पढ्न यहाँ  
हासि खेली गरेर

ठुलो घाँसे चउरमा  
खेल्दै हामी रमाउँछौं  
केहीबेर खेलेपछि  
किताब कापी समाउँछौं।।

मेरो प्यारो स्कूलमा  
मत सधैं रमाउँछु  
ज्ञानी भई धेरै पढी  
नाम कमाउँछु।

ममता ढुङ्गाना  
कक्षा ६ क

### राम्रो मान्छे बन्नु पर्छ

हामी साना साना बालबालिका  
पढ्ने लेख्ने गरौं  
ठूला मान्छे भएर  
राम्रो मान्छे बनाउँ।

आमा बुवाबाट सधै

आज्ञा लिनु पर्छ

चक्क गर्ने मात्र होइन

राम्रो बन्नु पर्छ।

हामी ठूलो भएपछि  
देशको सेवा गर्नु पर्छ,  
मेरो मेरो मात्र होइन  
हाम्रो भन्नु पर्छ।

साथीहरूसँग मिल्नुपर्छ

लड्ने भिडमा भिडनु हुँदैन

मान्छे भएर ज्ञानी बन्नुपर्छ  
छुचालाई सुधारनु पर्छ।

शरद भण्डारी

कक्षा: ४ क

## School Activities

**Magh 5,6,&7:** A team of teachers had an exposure visit to Kathmandu in order to learn something from socially reputed school's of Kathmandu Valley. The team had visited St. Xavier's School, Jawalakhel, Little Angels School, Hattiban, Gems School, Jhamsikhel and Budhanilkantha School in Kathmandu. The team learnt so many things by direct observation and from the interaction programs with the principals and teachers of these schools. This team had visited the historical palace like Patan Durbar Square and Narayanhity Place museum.

**Falgun 1,2,3&4 :** The first week of the month of Falgun was scheduled as a sports week in the school calendar. During this period, students took part in the games and sports of their interest. They got chance to refresh themselves by enjoying the sports days. Altogether there were 69 events of sports. The program was inaugurated by Mrs. Bishnu Kandel Sapkota, the Vice-Chair person of VICEC. According to the ECA Co-ordinator, Mr. Tilchandra Adhikari, the total number of students participated in different games were 900 and the 1<sup>st</sup>, 2<sup>nd</sup> & 3<sup>rd</sup> position holders were honored with medals on the parents day program.

**Falgun 8:** 15<sup>th</sup> School anniversary cum parents day was celebrated on this day in a joyful environment. The program was evaluated best as it was almost fully child centered. Many children got chance to show their talents with full of interest and enthusiasm. The program was chaired by Mr. Madhav Prasad Poudel, the chairperson of executive committee. And Mr. Keshav Prasad Sapkota the founder chairperson of the school was the Chief Guest of the programme.

**Falgun 14:** The school management team with some expertise and executive members of school had held a school's strategic plan / workshop at Sauraha, Chitwan. It was fully involved in the discussion and planning for the future plan. The program ended by 9:30 at night with some important strategies of the school.

**Falgun 26:** A week's handwriting training has started in the school. There are altogether 15 teachers from different school in the training. VSSS has nominated 10 teachers as trainees of the programme.

**Falgun 28:** A parenting & interaction programme was held in the school's training hall about 500 parents were given instruction about parenting, guiding and counseling procedures. Mr. Chabi Adhikari was the trainer of the program.

## हाँसौ ल .....

एउटा भिक्षा माग्ने मान्छेले एउटा घरमा गएर भन्यो

भिक्षा माग्ने मान्छे : घरमा केही पैसा छ ?

भित्रबाट आवाज आयो: छैन

माग्ने मान्छे : लुगा छ?

फेरी आवाज आयो : छैन?

माग्ने मान्छे: खानेकुरा छ?

सपना कंडेल, रन्जिला पौडेल

कक्षा : ८ क

फेरी आवाज आयो: छैन?

माग्ने मान्छे : त्यसो भए घरमा के गरिरहेका छौ?

हिँड म सँग मिलेर मान्छे ।

## विद्यार्थीलाई सुझाव

विद्यार्थी प्यारा भाइ बहिनी राम्रो सँग पढ,  
पढिलेखी ठूलो भई असल मान्छे बन।  
ठूलालाई मान गर सानालाई माया,  
आफू भन्दा ठूलाले भनेको मान।  
पढ्ने लेख्ने तिम्रो काम नबिराई गर,  
पढ्दा खेरी नबुझेको सोध्ने बानी गर।  
खाजा सधैं घरबाट लिई आउने गर,  
फजुल खर्च कम गर्ने कोशिस सधैं गर।  
स्कूल सधैं सफा सुघर कपडा लगाई आऊ,  
साँभु घर फर्कदा पनि सफा भई जाऊ।  
बिहान उठी सधैं दाँत माज्ने गर,  
सक्छौ भने बिहान सधैं नुहाउने गर।  
स्कूलबाट घर फर्कि भोला ठाउँमा राख,  
थकाई मारी खाजा खाई पढ्ने-लेख्ने बस।  
राती अबेर नगरी समयमा सुत,  
बिहान सधैं समयमा उठ्ने बानी गर।  
यति काम मैले भनेको मान्छौ भने तिमि,  
भविष्यमा दुःख नपाई अघि बढ्छौ तिमि ॥

रेखा श्रेष्ठ

सह-प्रधानाध्यापक

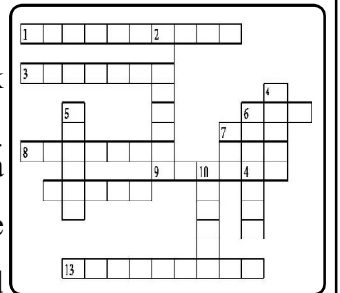
## VIJAYA BUDS QUIZ

- आरनमा आगो फुक्न प्रयोग गरिने थैलो जस्तो चिजलाई के भनिन्छ ?
- छोरी खेलिले दाइजो पाएको बस्तुलाई के भनिन्छ ?
- आधा फाटेको आधा सधै बस्तुलाई के भनिन्छ ?
- रोपाइमा बजाइने बाजालाई के भनिन्छ ?

## VIJAYA BUDS CROSSWORD

### Across

- Big animals that has one horn
- This animal has a very long neck
- Man's best friend
- Lives in the cold and waddles.
- Slow moving animals having a shell
- Striped animal that looks like a horse.
- Can swim under water and walk on land and has big bite.



### Down

- This animal has a long trunk
- This animal likes to eat carrots and suger cubes.
- This animal; loves banana.
- Same say this animal has nine lives.
- Has big ears and likes to hop
- King of the jungle