Message from the Principal

Winter greetings to all,

Here we come to you all once again with another issue of your much awaited “Bijaya Buds”. How this chill can be turned into an atmosphere of warmth and brotherhood! This revelation came to me this time around when I discovered (so late in life) that we can fight off the chill if we prepare our mind for it. It is strange that the human body functions entirely under the guidance of the mindset. If we simply develop our mental ability to tackle with any challenge of life with inner spiritual strengthening or meditation, then it is easy to find out that we can achieve a lot of success and at the same time it gives us immense peace of mind.

As regards students, if they understand this phenomenal power of the mind, they will start training their minds accordingly. Through this school magazine, I strongly urge the students of grade X to prepare seriously for the upcoming examination and remember that life is a continuous process of examinations. You must learn to face any examination with confidence and skill. I would also like to encourage the students of +2 to pour in matters to be published in this magazine. We have a plan to allocate a page to +2 students for this purpose. Can’t hide the excitement about the upcoming SPORTS DAYS from the 27th of Poush……... WE LOVE CHALLENGING THE WINTER………………

With warm care and affection
Teknath Wagle
POEM
Read, but write more
Talk, but think more
Play, but work more.
I promise you will succeed sure.
Sit, but stand more
Stop, but go more
Rest, but labour more
I promise you will be active sure
Eat, but chew more
Weep, but laugh more
I promise you will be healthy sure
Hate, but love more
Order, but obey more
I promise you will be loved sure
Punish, but forgive more,
Spend, but save more,
Consume, but produce more,
I promise you will be respected sure!

Akansha Pariyar
Class 8 "B"

Seasons
I like the winter,
because of the snow.
The lovely wollen dresses,
which the sellers show.

I like the summer,
Where there is no snow.
Little bit rainfall
And the lovely rainbow.

I love the spring,
with the lovely scenery in .
The games of the flowers,
In which they lose and win.

I like the autumn,
With a soft wind
And many lovely moments
Which I sometimes find.

Keshavi Kafle
Class 4"B"
Fashion
What to say about fashion
This is liked by new generation
Which gives different sensation
Why does everybody like fashion?

Boys and girls are running fashion
It makes our parents feel irritation
They don’t care about our tradition
Always break rules and regulation
Always spend money after fashion
Parents can't do calculation
We have to find its solution
Otherwise it will create big irritation.

We should think about our mission
Not about dirty fashion
Think about the country's protection
Then country will get transformation.

Sanket Kandel
class 8"B"

VIJAYA BUDS CROSSWORD

1. A fruit (5)
2. A nocturnal bird (3)
3. A journey made for pleasure (4)
4. A lower part of a body (3)
5. A sense organ (3)
6. The soft fine hair that covers the body of sheep (4)
7. A piece of thick material like carpet used to decorate or cover floor (3)
8. A person who performs on stage films movies etc. (5)
9. The notional flower of Maldives (4)
10. Which country introduced airmail (5)

Across

1. Which king had died while watching dance?
2. What is known as white petroleum?
3. Which country introduced airmail?
4. What is the notional flower of Maldives?
5. When did Nepal become member of World Health Organization (WHO)?

VIJAYA BUDS QUIZ

WINNER OF THE MONTH

Block A
Crossword
Sarad Bhandari
2"A"

Block B
Crossword
Bipin Sharma 7"C"
Quiz
Parshuram Thapa 4"A"

Helping hands are better than wishing hearts – Anonymous
### Some International Days

1. **International Children Day**  
   - Date: 14th November
2. **World Health Day**  
   - Date: 17th April
3. **World Environment Day**  
   - Date: 5th June
4. **World Literacy Day**  
   - Date: 8th September
5. **World AIDS Day**  
   - Date: 1st December
6. **Red Cross Day**  
   - Date: 8th May
7. **World Human Right Day**  
   - Date: 10th December
8. **World UNO Day**  
   - Date: 24th October
9. **World Olympic Day**  
   - Date: 23rd June
10. **International Labour Day**  
    - Date: 1st May
11. **World Book Day**  
    - Date: 23rd April
12. **World Population Day**  
    - Date: 11th July

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### Hope

Fallen from the stairs  
you need the right hope  
To climb Mt. Everest  
You necessitate the rope of wishes  
Succeeding in near future  
And to burn the candle  
You need the right hope.

- Trust and faith in the middle  
  Within the care of your heart.  
- Having the feeling of optimism  
  To handle the sorrow of people  
  And to guide their way

That would be your spirit  
If you have the hope.  
Neither the sun nor the rain disturbs  
Awarding higher slope

Try to tackle the problem  
and to face the reality  
You need the right hope  
For your own benefit rationality

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**Anil Rijal**  
Class 4"A"

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**Sneha Giri**  
Class 7"B"